
Elmy's Special Services Inc.



Building a Better Future by Enhancing
The Lives of People with Disabilities

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Experience

Elmy's Special Services Experience

Elmy's Special Services, Inc. (ESS) is a community-based Brooklyn organization that has been in existence for over 10 years. Accordingly, the organization is funded through OPWDD, DOH-TBI/NHTD and OCFS for services provided, As such the organization provides services to about 750 persons daily through our service coordination, respite, IRA, Day habilitation, community habilitation, in and out of home planned and crisis respite, skill building, family caregiver support services, crisis avoidance and recreation programs.

ESS was organized to enhance the quality of life for persons with disabilities and their families. Our organization's purpose would be accomplished through provided comprehensive, individualized services to children and adults throughout the City of New York. The staff of Elmy's Special Services believes that every person, at every age and level of ability, has the potential for growth, and deserves to receive services in their community regardless of race, creed or sexual orientation. We also believe that each individual is entitled to the same dignity, respect and opportunities as all other members of society. We are firmly committed to helping the people we serve to achieve their potential for independence, individuality, productivity and inclusion in their communities. At the heart of our success lie the vital partnerships among our core group of stakeholders who are the nucleus of our service delivery system.

Through the participatory management style of the agency's leaders, staff are encouraged to contribute to the decision-making process. Additionally, we foster advancement by promoting from within. We constantly seek new ways to reward staff, with enhanced benefit programs and exciting educational opportunities. We build careers that truly make a difference through ongoing training, performance feedback and supportive supervision.

The Director of Wavier Services will be (Julie Smith) the lead person for the wavier program. She has over 15 years of experience providing services to individuals with physical and mental disabilities as well as children diagnosed with SED. Ms. Smith has a diverse background in program development, directing projects, administration, and policy development, as well as program operations. Ms. Smith holds a leadership position in the agency, developing and monitoring many home and community based wavier services. In the course of these years, Ms. Smith wrote numerous proposals that were funded by OPWDD, OCFS, and DOH. Some of the funded programs include Non-Medicaid Service Coordinator Services, Residential Habilitation and individual Support Services for individuals with varying levels of developmental disabilities. Additional support will be provided by the leadership of the organization which is committed to hiring additional support staff for services as needed.

SERVICE COMPONENT:

Elmy's Special Services, Inc. will provide intensive in-home respite, skill building, overnight respite, crisis response, hourly respite, and family support.

ELMY'S SPECIAL SERVICES OVERALL SERVICE GOALS ARE:

Elmy's Special Services, Inc. seeks to administer programs that support and promote the independence, dignity and functioning of children in their natural environment. It is Elmy's Special Services' resolve to provide services that prevent such individuals from being admitted into institutional care and to ensure that they live meaningful and fulfilled lives. Elmy's Special Service, Inc. believes that the targeted populations are able to live healthy, satisfying and productive lives among family and friends. Moreover, we believe in our core value which is providing services to individuals with debilitating conditions and monitoring to ensure that we create a clinical milieu. We will use a culturally sensitive approach to assist in the achievement of developmental tasks and promote emotional well-being. As such we propose to ensure that:

- Workers meet all training, experience, and other requirements and must follow the philosophical values of the individualized Care Model.
- Workers are available on an "as needed" basis to assure that services will be provided
- Workers receive on-going supervision including training on service provision, documentation, billing, and appropriate boundaries with children and families.
- Workers maintain on-going contact with the ICC for service planning and exchange of information including timely reporting of cancellations, changed hours, emergency or other unusual occurrences.
- Only those services approved in the service plan and accompanying budget are offered.
- Timely and accurate progress notes and billing records for service hours and/or flexible service expenditures are submitted to the ICC Agency. Records must meet Medicaid standards.
- Workers have the required experience working with children.
- All workers will be cleared by finger printing, Sex Offender Registry, and State Child Abuse Registry.

History

History of Elmy's Special Services

In early 2002, a group of professionals from varying cultural backgrounds collaborated on how to best serve and support individuals and families with developmental or other disabilities. At that time, we found that in low socio-economic communities that were mostly composed of immigrants, many were generally underserved. It appeared that these individuals shied away from services because of cultural and linguistic barriers. This reality was fundamental in the group's decision to form Elmy's Special Services, an organization that provides quality and comprehensive services to individuals and caretakers.

The primary focus of Elmy's Special Services was to ensure that the consumer not only be protected and safeguarded, but also be afforded the greatest opportunity to develop. To do so, we focused on goal-oriented projects which included personal care and services, along with meaningful educational activities.

Today, Elmy's Special Services provides services in an individualized and inclusionary environment. We also emphasize the importance of public policy and advocacy to champion the rights of individuals with disabilities.

Est. 2002

Mission

Mission Statement

Elmy's Special Services believes that every person, regardless of his or her race, ethnicity or disability, should be treated with dignity and respect. Because of this belief, we will ensure that every person be afforded the opportunity to achieve his or her full potential through appropriate and individualized programming. Our primary goal is to educate, serve, and support individuals who are diagnosed with developmental or emotional disabilities.

Elmy's Special Services offers case coordination, day programming, residential and other community support services—including but not limited to, after-school programs, habilitation services, family support services, respite care, transportation, and crisis intervention.

We believe that excellence, professionalism, leadership and creativity is the foundation of our success. The agency is committed to promoting individual growth through ongoing training and support.

To achieve these goals, Elmy's Special Services will seek input from families and professionals in an effort to continue to improve and enhance the quality of services that we provide.

OPWDD Services

Medicaid Service Coordination New York

Medical Service Coordination is the active assistance offered to individuals as they navigate the community and various systems in pursuit of the necessary and desired services and supports that will assist them in achieving or maintaining their personal goals. MSC is provided by qualified service coordinators who are on call seven (7) days a week to our families when needed. MSCs uses a person centered planning approach in developing, implementing and maintaining an Individualized Service Plan (ISP) with and for a person with developmental disabilities. MSCs promote the concepts of informed choice, individualized services and supports, and satisfaction.

This program is available to individuals of all ages who have been diagnosed with a developmental disability and currently receive Medicaid benefits.

For further information regarding the Medicaid Service Coordination program, please contact:

Elmy's Special Services' Intake Department
(718) 789-7539

Day Habilitation with/without walls

Elmy's Special Services, Inc. Day Habilitation With/Without Walls is a program that provides individuals with an environment that enhances their academic and prevocational skills. Each participant of the program is provided with opportunities for community involvement, personal growth, and socialization.

During the program week, individuals volunteer at various worksites that are selected based on their needs, interests, and goals. These sites include nursing homes, schools, local businesses, hospitals, etc.

Our individuals focus on academic areas with which they need assistance such as reading and writing, mathematics, computer skills, and independent living skills. These academic sessions are conducted in learning-conducive environments, including the Day Hab site or local libraries. The Day Hab site is a modern and appealing location where the individuals can supplement their services with activities that relate to different stations such as the library, technology center, game room, kitchen, and gym.

Once weekly, individuals participate in a recreational activity which is planned according to their interests and preferences. These activities include bowling, going to local museums, going to the movies, enjoying fine dining restaurants, and other activities that enrich their knowledge of the city that they live in.

The goals of this program are to assist each individual in becoming more involved in their immediate community, enhance their skills, and provide a springboard to graduate them to the next level in their lives.

For further information about E.S.S.'s Day Habilitation without walls program, please contact: Elmy's Special Services' Intake Department (718) 789-7539

Residential Placement...

Individualized Residential Alternatives (IRAs) are certified homes that provide room, board and individualized service options. The homes are licensed by OPWDD to provide housing and related services.

At Elmy's Special Services, our homes foster independence, community integration, individualization and productivity. Individuals residing in Elmy's residences are provided with opportunities to participate in meaningful interactions in order to develop social skills while at the same time emphasizing individual choice. Each resident enjoys various recreational and social activities on a regular basis, and is involved in every facet of the home environment, including cooking their own meals, shopping for food and household supplies, and doing regular household chores. Our programs are staffed by caring and well-trained professionals.



Community Habilitation

Elmy's Special Services' Community Habilitation Services are provided to individuals with developmental disabilities who reside in Brooklyn and Queens. Trained staff members work with individuals on a number of goals, including ADL skills, socialization and academic needs. These goals will increase the individual's potential for independence, individualization and productivity. Staff will work with individuals on these goals and make notes of their progress.

For further information about E.S.S.'s Community Habilitation Services, please contact:
Elmy's Special Services' Intake Department
(718) 789-7539



Respite Services...

Respite/Community Habilitation

Elmy's Special Services' Respite/Community Habilitation is a combination program that provides temporary relief for families or other caregivers of people with developmental disabilities who reside in Brooklyn. Respite is offered outside of the home, and is available overnight from Friday to Sunday. It is scheduled and time-limited, and is intended to allow families time for errands, vacations, and other planned activities. This program is available for people between the ages of 12 and 17.

Community Habilitation is offered inside of the home, where trained staff members work with individuals on a number of goals, including ADL skills, socialization and academic needs. These goals will increase the individual's potential for independence, integration, individualization and productivity. Staff will work with individuals on these goals and make note of their progress. This program is available for people between the ages of 12 and 18.

Family Support Waiver Respite

Respite services provide temporary relief for families or other caregivers of people with developmental disabilities who reside in Brooklyn or Queens. This program is offered to individuals with or without Medicaid. It is offered both inside and outside of the home, and is available during the day or evening. It is scheduled and time limited, and it is intended to allow families time for errands, vacations, and other planned activities.

Holiday Respite

When students are out of school for a holiday or school break, they are given an opportunity to participate in various recreational activities. Holiday respite is a service that provides temporary relief for families or other caregivers of people with developmental disabilities who reside in Brooklyn and who are between the ages of 6 and 13. Individuals are taken to various recreational locations such as museums, zoos, and amusement parks. This program increases the individual's socialization and community awareness skills. The program runs 24 days a year, corresponding with the Department of Education's holiday schedule.

After-school 3 and 5 day Programs...

Elmy's Special Services' Afterschool Program is an engaging and stimulating service provided to individuals diagnosed with developmental disabilities between the ages of 6 and 15. The after school program is a service that primarily provides individuals with assistance meeting IEP goals and completing daily homework assignments. The program also gives individuals opportunities for socialization and a choice of recreational activities.

Program activities include:

- Public library visits- an afternoon when individuals visit the local library and choose books to read
- Today's News- a daily writing activity in which individuals write the date, weather, and activity that they will be engaging in for the afternoon. This may be done independently or with assistance.
- Educational games
- Arts and Crafts
- Holiday Celebrations
- Sports/Outdoor recreation

For further information about the afterschool program, please contact: Elmy's Special Services' Intake Department (718) 789-7539

Summer Camp...



Elmy's Special Services' Summer Camp is a fun and engaging program for individuals with developmental disabilities between the ages of 6 and 13. This program provides recreational, social activities, and needed care for each individual during the last three weeks of August. Additionally, E.S.S.'s summer camp increases individuals' socialization and community awareness skills.

Each morning, individuals are greeted with a smile and warm words of guidance and encouragement. They are given an opportunity to participate in enjoyable activities, and socialize with new and old friends. Individuals are provided with a healthy lunch and snack options every day. The hours of operation are Monday through Friday, 7:30 a.m. - 3:00 p.m. Transportation is provided to and from summer camp.

For additional information about Elmy's Special Services' Engaging Summer Camp Program, please contact:

Elmy's Special Services' Intake Department (718) 789-7539

Family Support Services...

Elmy's Special Services' Family Support Services include a wide array of services directed at parents, siblings and other relatives, that enhance a family's capacity to continue caring for a family member with a developmental disability living at home.

For further information regarding our Family Support Services, please contact:
Elmy's Special Services' Intake Department: (718) 789-7539

Waiver Services...

Elmy's Special Services' Waiver Service include a flexible array of services and supports funded by Medicaid that includes Residential Habilitation, Day Habilitation, Prevocational Services, Supported Employment, Respite Services, Environmental Modifications, Adaptive Equipment, Plan of Care Support Services, Family Education and Training, and Consolidated Supports and Services. See also Day Services/Day Habilitation, Employment Services, Environmental Modifications/Adaptive Equipment, In-home Services, Residential Services, and Respite Care.

For further information about E.S.S.'s Waiver Services, please contact:
Elmy's Special Services' intake
Department (718) 789-7539



Non-Medicaid Service Coordination Brooklyn and Queens

Non-Medicaid Service Coordination is a service that allows individuals and their families to receive advocacy despite not having Medicaid benefits. A Non-Medicaid Service Coordinator (NMSC) assists with the entire Medicaid process. The NMSC also helps individuals and their families obtain any services that might be needed, such as respite services, weekend recreation, transportation, crisis intervention, or family reimbursement. Additionally, he or she will assist with Board of Education and medical concerns.

This program is available to individuals of all ages who have been diagnosed with a developmental disability, and do not currently receive Medicaid benefits.

For further information regarding the Non-Medicaid Service Coordination program, please contact:

Elmy's Special Services' Intake Department
(718) 789-7539



Family Reimbursement...

Family Reimbursement is a service in which parents and family members are compensated for vacations, goods and services that are related to caring for an individual with developmental disabilities. Eligible items include; clothing, adaptive equipment, respite, recreational activities, summer camp, evaluations, etc...The maximum reimbursement allowed per applicant is \$500.

Applicants must submit a completed application and a personal letter. The following items must also be included in the application packet:

- A copy of the individual's most recent Psychological Evaluation
- HIPPA Signature page
- Notice of Decision/Level of Care if applicable
- Original Receipts

For further information about the Family Reimbursement program, please contact: Elmy's Special Services' Intake Department (718) 789-7539

B2H



Elmy's Special Services Inc.

B2H

Services Guide

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B2H Services...

The Bridges to Health (B2H) Waiver Program is funded by OCFS and designed specifically for vulnerable children. B2H offers services not otherwise available in the community to children with complex medical conditions, and does so in the context of their often complicated family and caregiver network. By supporting children in foster care, community services are provided in the home or community. The B2H Waiver Program provides opportunities for improving the health and well-being of the children served, and supporting permanency planning.

The B2H Home and Community-Based Waiver Program consists of three Waivers—

B2H for children with serious emotional disturbances

B2H for children with developmental disabilities

B2H for medically fragile children

The B2H Waiver Program is designed to recognize that children in foster care can have many caregivers involved in their lives. In the program, children are served in the least restrictive environment.

Unique aspects of B2H services

- Services are conducted in the home or community setting.
- Provides supports for you, your child and others in your child's life.
- Participation is voluntary.
- Families choose providers and work with case managers to choose services.
- Supports permanency planning.
- If eligible, services continue after child leaves foster care, until age 21.

Who is eligible?

If your child meets the following criteria, talk with your case planner about getting your child enrolled:

- Is in the custody of the Commissioner of the Local Department of Social Services (LDSS), Administration for Children's Services (ACS), or Office of Children and Family Services (OCFS).
- Has a diagnosis of Seriously Emotionally Disturbed, Developmentally Disabled, or Medically Fragile.
- Is at risk of requiring an institutional level of care.

Supportive and specialized services offered

- Skill Building
- Day Habilitation
- Pre-vocational training
- Supported Employment Services
- Family/Caregiver Supports and Services
- Planned and Crisis respite care
- Immediate Crisis Response Services
- Crisis Avoidance, Management and Training
- Special Needs Community Advocacy and Support
- Intensive In-home Supports and Services

Skill-building services

Skill-building activities are used to enhance respite care services; it focuses on helping individuals become more successful in the home, community and school by learning and developing both social and environmental skills. Support is offered through a variety of activities – including homework assistance, problem-solving methods, peer relationship-building, organization and cooperation. Services may be delivered on an individualized basis or in a group setting.

Day habilitation

Day Habilitation Services assist individuals with developmental disabilities with the self-help, socialization and adaptive skills necessary to successfully function in the home and community when other types of skill building services are not appropriate.

Pre-Vocational Services

Pre-vocational services are designed to prepare individuals with a severe disability to succeed in any work environment—individuals must be 14 years of age or older. Pre-vocational services are not job-specific; it is geared towards preparing children whose disabilities do not permit them access to other pre-vocational services.

Supported Employment Services

Supported Employment Services provide training and development, employer education, onsite support, transportation information and other activities needed to sustain employment.

Family/Caregiver Supports and Services

Family Support is a service that promotes the child/adolescent's ability to function as a part of the family/caregiver unit; it enhances the family/caregiver's ability to care for the enrolled child in the home and/or in the community. This support provides a host of services by engaging the child/adolescent in community activities, as well as vocational and educational opportunities. Family Support also provides educational support and training to the family/caregiver to better support the needs of the child.

Planned and Crisis Respite Care

Respite care is a preventive service designed to give both parent and child a necessary break from daily stress. This time apart provides the caretakers and their children with an opportunity to recharge emotionally, and allows the caretaker a chance to become better prepared to handle the day-to-day challenges of parenting. Our respite workers meet the individual in their home and encourage them to tap into the resources within and outside their community. Together they participate in social, recreational, and educational activities. This service not only provides a relief, but it is also designed to build on the strengths of the individual and his/her community.

Immediate Crisis Response Services

The immediate crisis response service is a 24-hour service designed to respond immediately to crises that threaten the stability of the child's placement and the child's ability to function in the community. This service is intended to be of very short duration and primarily to engage/link to other services and resources, e.g. intensive in-home supports and services.

Crisis Avoidance, Management and Training

This service includes psycho-education and training to address specific issues that disrupt or jeopardize the child's success functioning in the community. Special emphasis must be given to "anticipatory guidance," the capacity to proactively identify and plan for those significant or sentinel events in the child's life that may trigger anxiety, frustration and crisis with the potential for leading to deterioration in the child's condition and/or the need for institutional care.

Special Needs Community Advocacy and Support

Participating in community activities and attending school are important activities for all youth, including children with disabilities. Success in these activities and school is dependent not only on the youth, but on the people who interact with and support the youth in these endeavors. Special needs community advocacy and support improves the child's ability to gain from the educational experience and enables child's school to respond appropriately to the child's disability and/or health care issues.

Intensive In-home Supports and Services

Intensive In-home Supports and Services and Crisis Respite are for when such services have been identified as appropriate strategies or interventions. Develop a Detailed Service Plan for the services of Immediate Crisis Response. These services are designed to provide interventions to secure the health and safety of the child and family/caregiver involved in a crisis.

NHTD

HCBS/ NHTD Waiver Program



Elmy's Special Services Inc.

Introduction

The Home and Community Based Services Nursing Home Transition and Diversion Waiver (HCBS/NHTD) provides support and services to assist individuals with disabilities and seniors toward successful inclusion in the community. Participants may come from a nursing facility or other institution, or choose to participate in the program to prevent institutionalization.

HCBS/NHTD waiver services may be considered when informal supports, local, state and federally funded services and Medicaid State Plan services are not sufficient to assure the health and welfare of the individual in the community, or when waiver services are a more efficient use of Medicaid funds. Using Medicaid funding, the HCBS/NHTD waiver is administered by the New York State Department of Health (DOH) through contractual agreements with Regional Resource Development Centers (RRDC) and Quality Management Specialists (QMS).

Philosophy

The NHTD Medicaid waiver was developed based on the philosophy that individuals with disabilities and/or seniors have the same rights as others. This includes the right to be in control of their lives, encounter and manage risks and learn from their experiences. This is balanced with the waiver program's responsibility to assure the waiver participants' health and welfare.

Waiver services are provided based on the participant's unique strengths, needs, choices and goals. The individual is the primary decision-maker and works in cooperation with providers to develop a Service Plan. This process leads to personal empowerment, increased independence, greater community inclusion, self-reliance and meaningful productive activities. Waiver participant satisfaction is a significant measure of success of the NHTD waiver.

Eligibility

To be eligible for the NHTD Medicaid Waiver an individual must:

1. Be capable of living in the community with needed assistance from available informal supports, non-Medicaid supports and/or Medicaid State Plan services and be in need of one or more waiver service
2. Be eligible for nursing home level of care
3. Be authorized to receive Medicaid Community Based Long Term Care
4. Be at least 18 years of age or older
5. Be considered part of an aggregate group that can be cared for at less cost in the community than a similar group in a nursing home
6. Choose to live in the community as a participant in this waiver rather than in a nursing home
7. Not participate in another HCBS waiver

**Additional eligibility requirements will be assessed by your intake coordinator.*

The following services are available under the HCBS/TBI waiver program.

Service Coordination (SC)

The Service Coordinator is the participant's planner, organizer, and service plan writer. Service Coordinators obtain and coordinate the services that are necessary for the participant to return to or remain in the community. These services may include: waiver services, Medicaid State Plan services, educational, vocational, social, and medical services available within the community.

Positive Behavioral Interventions and Supports (PBIS)

PBIS services are provided to participants who have significant behavioral difficulties that jeopardize their ability to remain in the community of choice due to inappropriate responses to events in their environment. PBIS services include but are not limited to:

- A comprehensive assessment of the individual's behavior, skills and abilities
- The development and implementation of a holistic structured behavioral treatment plan
- The training of family, natural supports and other providers so they can effectively use the basic principles of the behavioral plan
- Regular reassessments of the effectiveness of the behavioral treatment plan, making adjustments to the plan as needed.

Community Integration Counselor (CIC)

CIC services are designed to help participants more effectively manage the emotional difficulties associated with adjusting to and living in the community. It is a counseling service provided to those coping with altered abilities and skills, the need to revise long term expectations, and changed roles in relation to significant others. This service is generally provided in the provider's office or the participant's home. It is available to participants and/or anyone involved in an ongoing significant relationship with the participant when the issues to be discussed relate directly to the participant.

Independent Living Skills Trainer (ILST)

ILST services are designed to improve or maintain the ability of the participant to live as independently as possible in the community. ILST assists in recovering skills that have decreased as a result of onset of disability. Also, ILST will primarily be targeted to those individuals with progressive illnesses to maintain essential skills.

Community Transitional Services (CTS)

CTS services are intended to assist participants with the physical transition from a nursing home to living in the community. CTS is a one-time service per enrollment and is ONLY provided when transitioning from a nursing home.

Structured Day Program (SDP)

Structured Day Program services are designed to improve or maintain the participant's skills and ability to live as independently as possible in the community. These are typically provided as outpatient services due to the difficulty that many individuals with physical or cognitive disabilities have transferring or generalizing skills learned in one setting to another. This service provides the skills training that is needed as well as the consistent reinforcement of those skills in real life settings.

Home Care Services

Quality Health Care in the Comfort of Your Home

A Licensed Home Care Agency

Your physician requests Home Care prior to discharge from the hospital. Your physician determines your eligibility for Home Health Care services working with the Discharge Planner, Case Manager, or Community Agency. After receiving the referral, our intake Nurse meets you and your family to review your home care needs, medications and the supplies or equipment ordered by your physician.

Nursing Assessment

After your discharge from the hospital, our Agency Health Nurse visits you at home to complete your initial assessment visit. Your physician determines the type, frequency and duration of the home visits. Periodically, your physician reviews and changes care plan to ensure appropriate home health care services.

Home Care Coordination

Upon admission into our Agency, you are assigned a nurse coordinator who is responsible for integrating your services into a comprehensive plan of care.

Nursing Supervision

Periodically, our Nursing Supervisor will visit your home to ensure that the home health care services ordered by the physician are properly implemented by our staff.

Eligibility

Enrollment is open to all parties residing in New York City and Nassau.

- You must require services of any of the following:
 - Registered Nurse (RN), License
 - Home Health Aide (HHA)
 - Personal Care Aide (PCA)
 - Housekeeper
 - Homemaker
 - Medical Social Services

- A physician must order the service

- Care is available 24 hours a day

- We accept private pay, insurance and Medicaid

Home Care Contact Information

163 Van Buren Street
Brooklyn, NY 11221

Phone: (718)443-7128
Fax: (347)442-1859

Elmy's Institute of Learning A place
for the stimulation of body, mind and
spirit

About...

The ELMY'S Institute of Learning is a Structured Day Program service that was established to provide a stimulating environment for individuals with physical, emotional and cognitive disabilities. Research in the field of Neuroscience suggests that a stimulating environment can have positive effects on a wide variety of emotional and cognitive functions. Within the Institute, students are taught strategies for daily living that will guide them towards long term success. They acquire and master the skills that they need to reach the goals that they set for themselves and achieve their maximum level of progress while being a part of a social atmosphere.

The Elmy's Institute of Learning is a year round program that offers ongoing open enrollment and focuses on the specific needs of all individuals.

Tuition...

Tuition for The Institute is covered under the following New York State waiver programs for eligible participants:

- The Home and Community Based Services Traumatic Brain Injury Waiver (HCBS/TBI)
- The Home and Community Based Services Nursing Home Transition and Diversion Waiver (HCBS/NHTD) Private pay is also accepted.

**For specific eligibility requirement, contact the Director of the ELMY'S Institute of Learning.*

Program Levels

Level I - Day Break

Day Break offers students a stimulating and structured environment that encourages the pursuit and exploration of personal interests. A full and productive day schedule is created to provide consistent cognitive stimulation and socialization. This Level I program has more creative and less academic demands than any other offering within the Institute.

Day Break activities may include, but are not limited to, an exploration of:

- Current Events
- Journaling techniques
- Cognitive rehabilitation
- Artistic endeavors
- Socialization

Level II - Jump Start

Jump Start is the level at which most incoming students begin their work at the Institute. This Level II program focuses on cognitive remediation and is designed to help students transition into a more structured, challenging and stimulating day. At the start of the program all students are asked to identify a specific goal or goals that they want to work towards achieving. Within Jump Start they will begin to develop the skills and compensatory strategies necessary to help them reach these goals. Jump Start activities may include, but are not limited to, the advancement of:

- Reading comprehension skills
- Writing skills
- Everyday math skills
- Computer skills
- Cognitive remediation

Level III - Jump Start Transitions

Jump Start Transitions is a mid-level program designed to access and assist students who aspire to transition to a more demanding environment. Students are evaluated based on their attendance, classroom behaviors, study habits and ability to follow through on outside assignments. Students are required to complete a semester long project that will assist them in developing the skills necessary for success in more demanding settings. A final assessment will determine whether or not they are ready to advance on to more challenging classes and tasks.

Level IV - Core Classes

Core Classes within the Institute are designed to assist Students who are working towards achieving very specific goals such as living independently, returning to school or returning to work. All classes are geared towards helping students develop practical skills, understand the nature of their disability and the process of adjusting to disabilities and learn to live in a healthy manner. In addition to classroom training, students are exposed to day to day responsibilities that provide them with an opportunity to build up a sense of personal autonomy.

Core Classes may include, but are not limited to:

- Money Management
- Computers
- Futures Planning
- Critical Thinking
- Healthy Living
- Human Memory
- Human Sexuality
- Self awareness
- Cognitive Remediation
- Heroes Journey

The ELMY'S Institute Of learning also organizes and facilitates social activities and events for all.

Elmy's Special Services Inc.
looks forward to being your service
provider. Contact us at (718) 789-
7539 and ask for an Intake Specialist.

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